



## Market Update: January 14<sup>th</sup>, 2019

Local:

Good things grow in Ontario:

Bean Sprouts  
Cucumber (English)  
Cabbage  
Carrots  
Celery Root

Beets  
Mushrooms  
Parsnips

Radish  
Rutabaga – waxed  
Potatoes White (New Crop)  
Turnip

### ***Alert***

Watermelon short supply out of Mexico, watch pricing. Red peppers not ready in Mexico, sizing small, supplying 11lbs hot house until Mexico is ready, watch cilantro, dill, Italian and curly parsley pricing due to transition. Cantaloupe market tight, watch pricing. Asparagus pricing on the rise due to a tight market. Celery pricing high due to a tight market.

Looking ahead: The PEI potato season is late starting this year due to excess rain, the fields have not harvested yet, which may cause a supply and demand issue come April, preparing for potato pricing to increase.

### ***Fruit***

Apples

**Available Varieties:**

Granny Smith, Macintosh, Royal Gala, Red Delicious, Golden Delicious.

Pears

Bartlett currently in stock.

Watermelon

Volume for watermelon has slowed down, market prices expected to go up by next week.

Melon

Melons loading from Honduras and Mexico, pricing still high on Cantaloupe. Honeydew market seeing a rise in pricing, market on the high side..

Grapes

Red grapes from USA, green from Peru.

## Kiwi

Italian Kiwi started.

## *Citrus*

### Oranges

California oranges, a must try, very sweet.

### Juice Oranges

Florida juice oranges now available.

### Clementine

Are back in 5 lbs. pack size.

### Grapefruit

Grapefruit this week, Israel and Florida

### Lemons

Product of Spain./USA.

### Limes

Limes, product of Mexico, market is tight on larger sizing.

### Pomegranate

Now off shore - Spain, available special order.

## *Berries*

### Blackberries

Mexican, quality has been good.

### Raspberries

Mexican berries are great in quality and taste.

### Strawberries

Strawberries from Florida and Mexico depending on availability.

### Blueberries

Blueberries good quality, fruit from Chile.

## *Vine and Tropical*

### Pineapples

Pineapple market stable on regular sizing.

### Mangoes

Brazilian Mangos started.

### Stone Fruit

Chile season done, there will be no stone fruit available until Mexico product is available.

### Bananas

Market steady.

## Avocados

Prices should remain stable for next week.

## *Vegetables*

### Broccoli

Colder weather creating, helping with a stronger market..

### Cauliflower

Colder weather has slowed the market, which is increasing the market.

### Zucchini

Expect higher prices in the coming weeks, due to colder weather in Mexico, which could cause the price to rise.

### Cabbage

Local Cabbage, pricing on the move, watch for higher pricing.

### Eggplant

Steady supply out of Florida and Mexico.

### Brussel Sprouts

Great supply from Mexico.

### Asparagus

Market is strong due to colder weather out of Mexico.

### Beans

Fair quality out of Florida. Mexico is showing great quality product. Market remains steady.

### Peppers

Georgia seeing shortage due to weather, price up, expect trend to last for a couple of weeks, price high. Mexican red peppers not available, replacing with 11 lbs hot house until crop ready. Jalapeno short out of Florida.

### Celery

Market tight due to transition, pricing high.

### Seedless Cucumbers

Due to the tight market, product costs are rising. With weather issues in Mexico and lack of sunlight in Ontario, production is scarce.

## *Lettuce*

### Lettuce & Greens

Leaf lettuce, iceberg and romaine hearts inching up due to cooler weather.

## *Tomatoes*

### Hot House & Cluster Tomatoes

Both cluster and beef supplies starting to tighten.

## Roma Tomatoes

Market easing off, pricing starting to level off.

## Grape Tomatoes

Product from Mexico, good supply, great price.

## Tomatoes – 25 lbs.

Mexican market starting to ease off, expect pricing to drop this week.

## *Onions, Carrots, Potatoes*

### Onion

Ontario cooking onions pricing will increase slightly, red onions are limited.

### Green Onions

Limited supply driving price, Mexican market tight.

### Squash

Product of Mexico

### Corn

Only available SPO, until season ramps back up.

### Spanish & Red Onions

US Jumbo Spanish and red onions' prices are going down but US colossal are still tight.

### Carrots

Carrots currently Canadian product.

### Potatoes

New Crop large whites now in stock, price remains high.

## *Good Buys*

Avocado

Banana

Brussel Sprouts

Grapes – Red

Kiwi

Oranges

Tomatoes

Zucchini